



KEEPING THE PLATES SPINNING: REFLECTIONS ON EFFECTIVE SIXTH FORM LEADERSHIP

Herts for Learning 2022 Sixth Form Conference

10th June 2022

Claire Green

Director of Sixth Form, Northampton School for Girls

@CJGreenTeach

thesixthformslant.com

AIMS

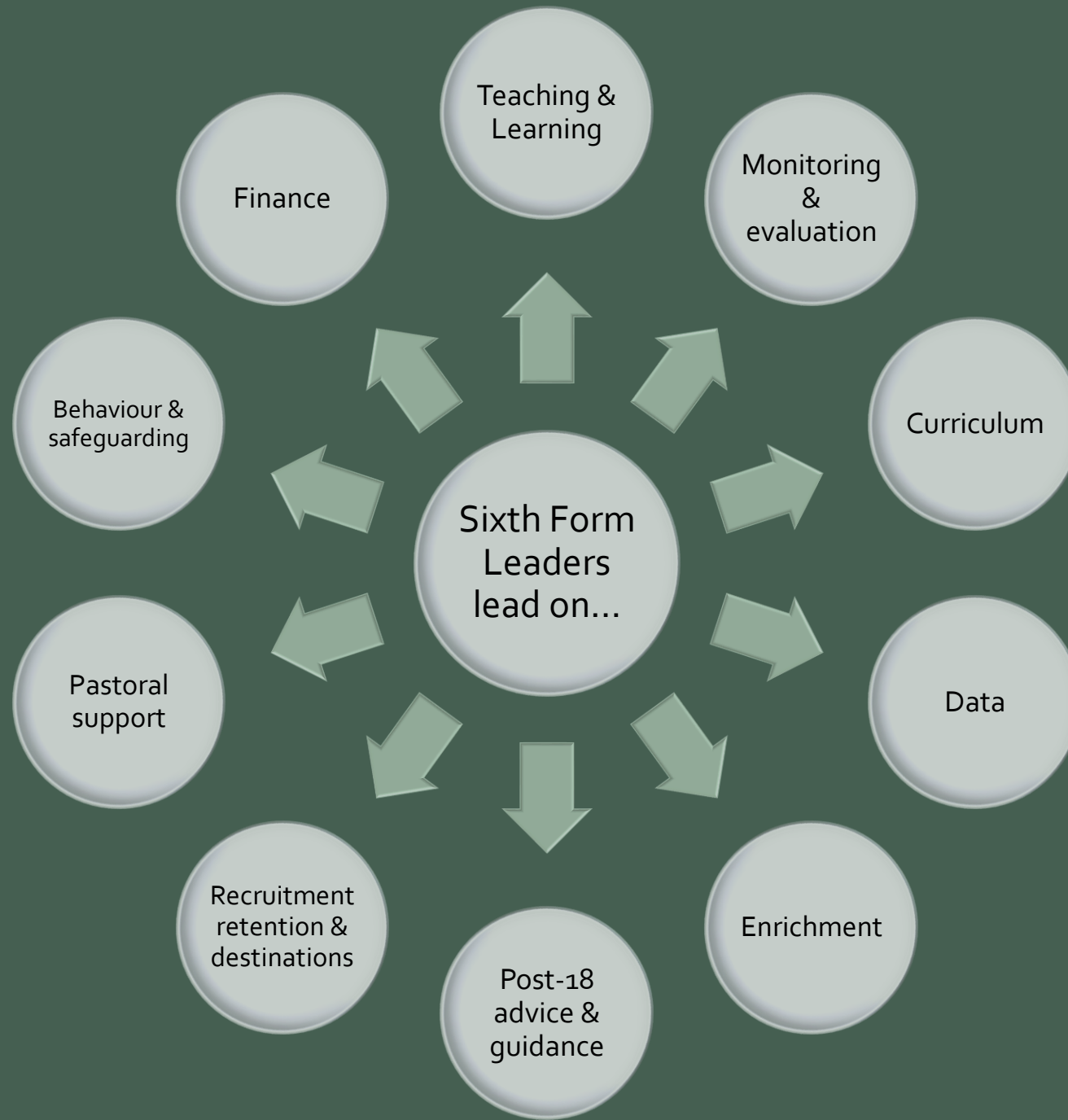
- Explore the multifaceted nature of sixth form leadership
- Reflect on current practice
- Identify ways to implement positive change in your own context



THE MANY PLATES



**No other secondary leadership role
(below the Headteacher!)
is as multifaceted**



SIXTH FORM LEADERSHIP LEFT BEHIND?

As leaders we can access:

- ✓ A wealth of research and literature about leadership in schools
- ✓ A wealth of shared resources on teaching and learning
- ✓ A wealth of shared resources on other aspects of sixth form delivery, such as PSHE, post-18 pathways or enrichment

Unfortunately, as yet, we cannot access:

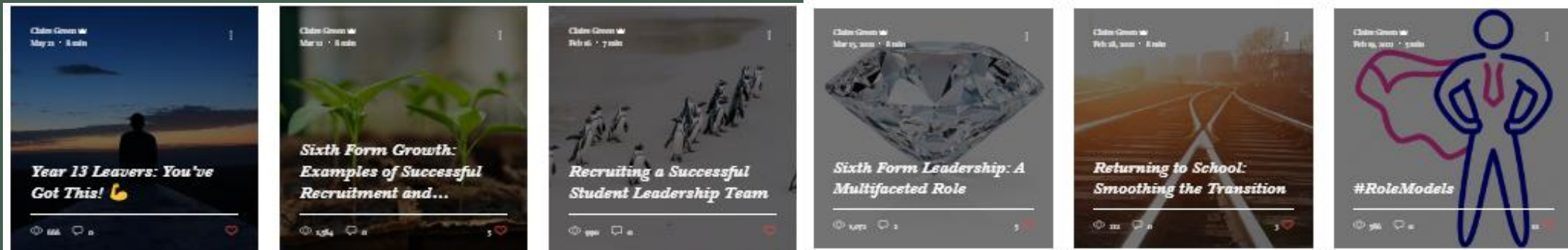
- ✗ A wealth of educational literature focussed specifically on 16-19 education OR sixth form leadership

THE SIXTH FORM *Slant*

A blog for those interested in sixth form leadership

thesixthformslant.com

- Open up the conversation
- Share and improve practice



A heads-up on how to lead the sixth form

When she first became a director of sixth form, **Claire Green** was dismayed by the lack of guidance on the requirements of the role. Now, with plenty of experience under her belt, she has put together five tips to support other teachers looking to step into what can be a complex – but rewarding – career move

Just what exactly does a head of sixth form do? If you're not quite sure, then you are not alone. I wasn't sure either before I stepped into the role. I was certain there would be plenty of support to help me, though, in the form of online continuing professional development. But I quickly realised that there is very little advice out there that is specific to leading in sixth forms.

That lack of advice is a problem because the director of sixth form role is multifaceted and often challenging. In fact, I would argue that the only other job in a secondary school in which you are required to do more strategic planning is that of the headteacher.

So, what does it mean to be a director of sixth form? What should you prepare yourself for if you are taking on this role in September or if you are considering it as a next step?

1. Know your 'why'

To be successful as a leader in the sixth-form phase, it is essential that you believe it to be the most exciting phase of students' education to date. You must be able to get across a real sense that you believe in young people and the positive things they can bring.

To illustrate this, I have tried to embed a role model culture at our school. We

have a philosophy that our sixth-form students are role models for their younger peers and deserve to be seen as such by staff.

This philosophy was clearly articulated to staff, students and governors at the start of the academic year and is reinforced constantly through social media (using the hashtag #RoleModels), assemblies, communications to staff and parents, and in everyday corridor chats.

2. Recognise the importance of recruitment and retention

Unlike other key-stage leaders, heads of sixth form need to think about strategies to recruit and retain their students.

This can initially be daunting. I recommend that you start by considering what your ideal number of students would be, then plan recruitment and retention strategies around this.

Do you want to retain the majority of your Year 11 students because you feel your sixth-form curriculum offer serves them well? Do you want to attract students from other schools because you want to create a more "adult" culture than that of the main school? Is a combination of both possible or practical in your setting?

When joining my current school, I felt that we needed to try to aim for a balance between the two. It therefore seemed sensible to review our admissions process and policy, and change the way we marketed our sixth form.



To help us present a clear message to prospective students and parents about our provision, we designed a new school logo, revamped our school website and introduced an online admissions system. We also created a short promotional video and embraced social media. As a result, we were able to double our applications.

3. Consider the balance of your curriculum

Some sixth forms decide to provide an unapologetically academic curriculum while others might provide more of a focus on the vocational. It is possible to be inclusive of both approaches if your curriculum is designed carefully



but this must be planned in light of your particular student population.

When I reviewed the curriculum that I inherited, I decided that we ought to add to our offer – to widen the academic options but also to provide more options for applied general qualifications.

For example, we felt that there was a gap in our curriculum when it came to business, as business-related courses are among the most popular degree courses in the UK. We therefore decided to offer business at both A level and BTEC, to allow as many students as possible access to these courses.

In addition to the courses you offer, you will also need to factor in personal, social, health and economic (PSHE) education,

and non-qualification activity (NQA) – all of which is planned activity that does not count towards externally certified qualifications (also known as employability, enrichment and pastoral hours).

Consider what additional provision you will deliver and how, and what steps you'll need to take to ensure students with special educational needs and disability are able to access all of your provision.

Post-18 guidance must be part of this offering. Be thorough and cover potential routes for all students; university, apprenticeships and employment options should be discussed, and students should be supported to apply for all possible routes of interest to maximise their chances of success.

4. Make monitoring efficient

There will be plenty of aspects of your provision that you will need to quality assure: curriculum, teaching and learning, outcomes, destinations, attendance...the list goes on. As there are so many areas of responsibility, monitoring systems need to work efficiently. They need to not be too onerous while still providing enough meaningful data to inform decisions.

Where possible, we have tried to use IT to support smarter tracking of our provision. One example is the use of Google Forms – these can be used to gauge student and staff voice and to track NQA, such as enrichment, work experience or paid employment.

The form responses immediately generate a spreadsheet that allows data filtering and helps you to arrive at quick conclusions.

Being clear about whole-school priorities helps here, too, as this will allow you to perform targeted monitoring of particular groups of students.

5. Prioritise pastoral care

Sixth-form students are in a constant state of transition from Year 11 to adulthood, and often struggle with all the social pressures this brings. Pastoral care is therefore paramount.

Supporting sixth-form students pastorally can range from lending a shoulder to cry on following a friendship fallout over a love interest, to addressing extreme mental health-related safeguarding concerns.

Look carefully at your pastoral structure. Do you have tutors or mentors and heads of year? Do they have clear roles that they fulfil? Do you bring in external support or signpost to it effectively? Do you have safeguarding-trained staff within your team? These are all things to consider.

At our school, we have settled on a system of tutors for Year 12 and mentees for Year 13. Year 12 tutors support transition and deliver our PSHE programme while Year 13 mentees hold one-to-one meetings with students to ensure that bespoke care and guidance is provided.

Safeguarding-trained heads of year bolster this approach, alongside a senior tutor, who leads on wellbeing and signposts appropriately. In-school counselling from an external provider is also offered.

The above steps only scratch the surface of the multifaceted nature of sixth-form leadership. It's not easy, but if you can get it right, then there can be no more rewarding job in a secondary school than this absolute gem of a role. **●** *Claire Green is director of sixth form at Northampton School for Girls*

#1: KNOW YOUR WHY – IT ALL STARTS WITH ETHOS

- The 16-19 phase of education is the most exciting stage of secondary education
- We must communicate our belief in young people
- Build a culture around this
 - ✓ Create a sense of community, belonging and pride
 - ✓ Give your sixth form its own unique identity (but tied to the school's values)
 - ✓ Improve recruitment and retention
 - ✓ Improve relationships with stakeholders



Role model

noun

a person whose behaviour, example, or success is or can be emulated by others, especially by younger people.

OUR APPROACH: *#RoleModels*



SIXTH FORM STUDENTS ARE ROLE MODELS

They:

- inspire younger students
- inspire staff
- become adults during the sixth form
- make choices that will affect their futures
- are passionate in their beliefs



HOW TO EMBED A *#RoleModels* CULTURE



• Overcommunication – to ALL stakeholders

STAFF

- INSET sessions
- Emails
- Corridor chats
- Displays
- Social media

STUDENTS

- Assemblies
- Emails
- Corridor chats
- Displays
- Social Media
- Lessons
- Opportunities
- One-off gestures
- Rewards

PARENTS/CARERS

- Letters
- Information evenings
- Parents' evenings
- Social Media

GOVERNORS

- Meetings
- Emails
- Social Media

STAKEHOLDER VOICE/SIXTH FORM 'BRANDING'

STUDENT LEADERSHIP OPPORTUNITIES



THE SIXTH FORM
at Northampton School for Girls

Awareness Role Models

NEW

THE SIXTH FORM SOCIETIES

NORTHAMPTON SCHOOL FOR GIRLS

Vote for your School President 2022-23 NOW!

THE SIXTH FORM
at Northampton School for Girls



SOCIAL MEDIA

- Reaches all stakeholders
- Gets students talking
- Posts aimed at students best around 9pm
- Establishes culture within and beyond the school
- Marketing tool

PROUD MOMENT

Emmy's VIP Life
29 subscribers

WELCOME BACK! #ROLEMODELS
We are so proud of you

The Sixth Form at NSG
312 Tweets

The Sixth Form at NSG @NSG · 19 Apr ·
Year 12 students interested in studying/a future career in health care or #NSGRoleModels who just want to give something back: check this out 🙌
More details to follow in an email from Mrs Green tomorrow morning.
[@NghVolunteers](#)
Wednesday 12th May 2021
1:00pm—4:00pm 6:00pm—8:00pm
Follow the link or Scan the QR code to apply: jobs.northamptongeneral.nhs.uk
01604 523159 ngh-tr.volunteers.services@nhs.net
Follow us on our social networks

The Sixth Form at NSG @NSG · 3h
Year 12 applications to join our Student Leadership Team &/or be considered for the role of School President due Weds 5th May, 3.30pm
Fill out the application form sent by M Wynn. 📄
🌟 So many examples of Yr12 student as #RoleModels already so we're expecting a fab team! 🌟

The Sixth Form at NSG @NSG · 4d
Lovely to see our sixth form students supporting their younger peers so meaningfully and a great idea from their inspiring teacher! Thank you [@MrsHolmes_NSG](#) #studentleadership #NSGRoleModels

Poppy @MrsHolmes_NSG · 4d
Preparing for my Y10 film lesson tomorrow: feedback on their coursework ideas from my Y13 cohort. The comments are thoughtful, enthusiasm and full of ...
Show this thread

The Sixth Form at NSG @NSG · 18 Apr
When Maximize delivered their great study skills session for Year 13 in December our students were so inspired. Turns out Maximize were equally inspired by them! Great to see our Student Leaders featured in this ad
[#NSGRoleModels](#)

Maximize Study Skills · 12 Apr
ATTENTION - SLT
Want to inspire and motivate your students?
Encourage resilience and a 'can do' attitude?...

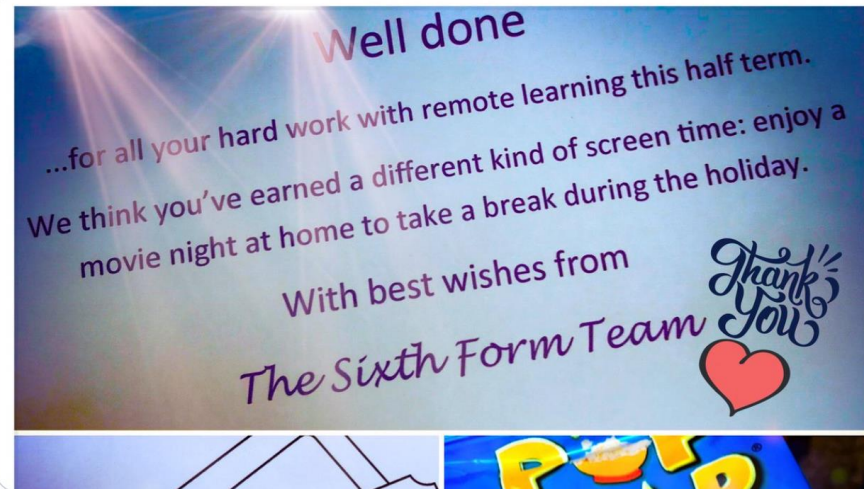
You Retweeted JaneMac @janemac · 16 Apr
Replying to @NSGSixthForm
Emily will be the 3rd @NSGalerts student to achieve a place there in recent years. Fantastic news!

ONE-OFF GESTURES

- Embed the message through gestures to all students



@NSGalerts @NSGSixthForm what a lovely idea, my daughter was delighted ❤️



2 2 17

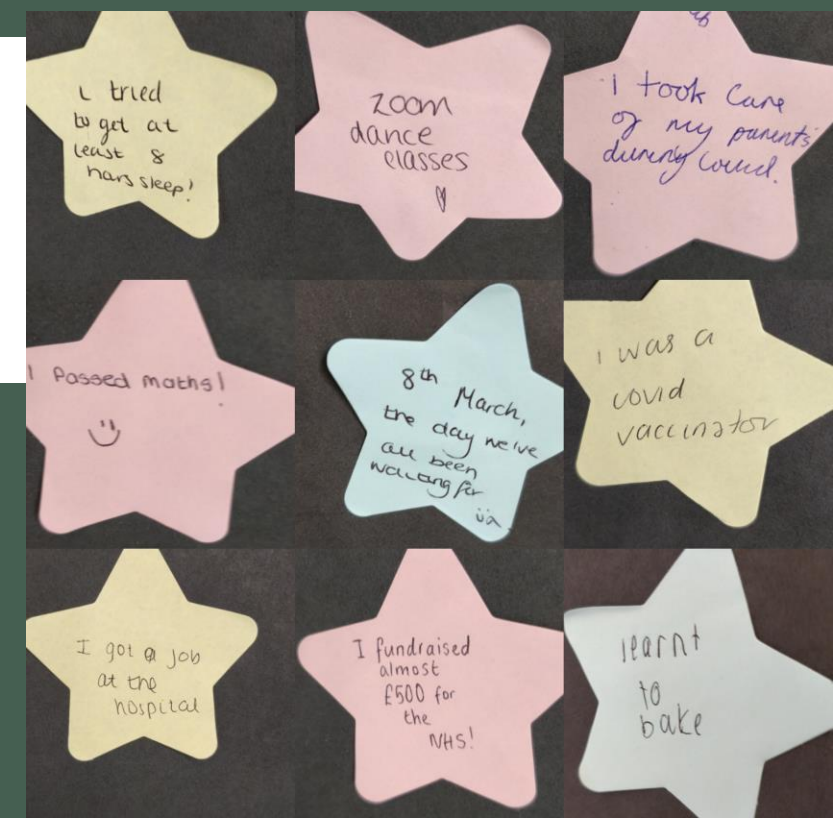
Such a lovely surprise from @NSGSixthForm Thank you so much for everything you do for us. The fantastic teachers deserve a well-earned break too. It has not been easy. 🌞



You 2 2 24

DISPLAYS/SCREENS

- Place strategically at high traffic points
- Encourage students to interact with displays
- Encourage photos of students
- Update regularly



#RoleModels of the Term: Year 12

Well done to all nominated students!

Amber W
Beatrice B
Beth A
Bobbi H
Caitlin C
Caitlin M
Cindy A
Cosmina A
Ella K
Emily C
Erin B
Farzana B
Grace F
Grace J

Hannah D
Hattie B
Hilary P
Kelise B
Lilly J
Lily T
Lola B
Lucie W
Matteo D
Mithuna K
Morgan G
Mya E
Nailah M
Najma S

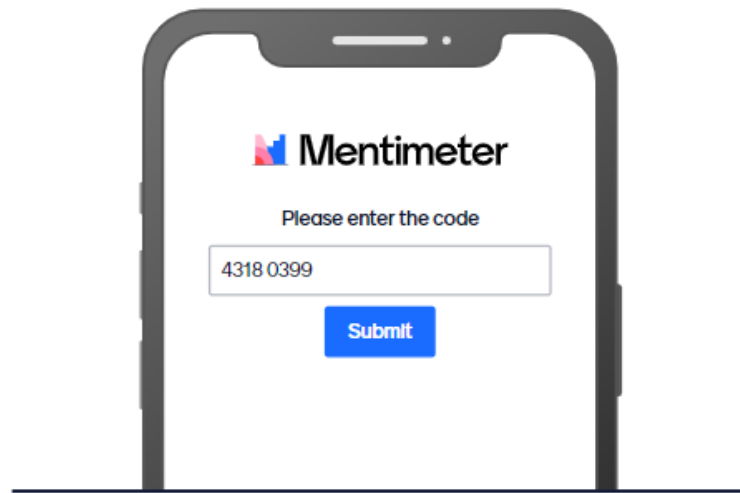
Nana M
Natalia B
Naveen B
Rosina C
Rosie P
Rowan N
Sahira U
Saidah I
Samia K
Sienna S
Simone C
Sophia D
Tabby C
Zaynab A



Students in bold font were nominated more than once!

#1: : KNOW YOUR WHY – IT ALL STARTS WITH ETHOS

Go to
www.menti.com



Enter the code

4318 0399



Or use QR code

#2: RECOGNISE THE IMPORTANCE OF RECRUITMENT & RETENTION

- What is your ideal number of students to have on roll?
- Review (and amend, if necessary) your admissions policy in light of current numbers
- Online admissions process

RETENTION FROM INTERNAL YR11	RECRUITMENT <u>AND</u> RETENTION	RECRUITMENT FROM OTHER SCHOOLS
<ul style="list-style-type: none">• Assemblies• Year 9 Options – include sixth form info• Sixth Form Student Leadership involvement• One-to-ones following Yr11 mocks• Sixth form building tours• Displays/screens around school	<ul style="list-style-type: none">• Social Media• Open Evening• Prospectus/promo video• Website	<ul style="list-style-type: none">• Site tours for students and parents/carers• Regular contact throughout the admissions cycle

THE SIXTH FORM

at Northampton School for Girls

[#RoleModels](#)

COURSES OFFERED



We hope that you find our detailed course guide videos a useful summary of the key aspects of our Sixth Form provision, which is available to our Year 11 students along with Year 11 students (both girls and boys) from other schools.

The Sixth Form at NSG @NSGSixthForm · Jan 30

📅 3 weeks left to apply to join our lovely sixth form in September 2022 📅

CURRENT NSG STUDENTS:

Search in your emails for Applicaa log-in details to apply as a 'Registered User'

STUDENTS CURRENTLY AT OTHER SCHOOLS:

Click the link below to apply now!

nsg.northants.sch.uk/page/?title=AP...



**RATED
'OUTSTANDING'
BY OFSTED, NOV
2021**

"Students' attitudes to learning in the sixth form are exemplary"



The Sixth Form at NSG Retweeted

Northampton School for Girls @NSGalerts · Jan 25

Year 11 students received their PPE results today with follow up conversations with senior staff. Great students having mature & productive future focused discussions!



nsgsixthform · Follow



nsgsixthform We are very proud of our wide c post-16. With 25 A Levels & 5 Applied General there really is something for everyone.

Take a 📺 at our detailed course videos for mc Sixth Form area of our website - link in bio.

#curriculumchoice #post16pathways #alevels : #studentchoice

27w



29 likes

NOVEMBER 26, 2021



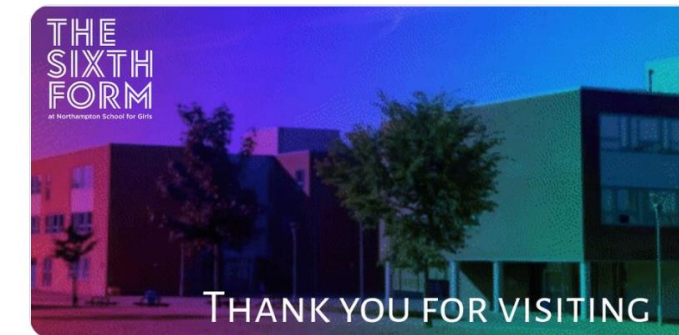
Add a comment...



The Sixth Form at NSG @NSGSixthForm · Feb 4

Thank you to all our lovely visitors this week who have taken part in after school site tours. It was great to meet some potential future #RoleModels and their families!

Remember applications are open until 21st February: nsg.northants.sch.uk/page/?title=AP...



The Sixth Form at NSG @NSGSixthForm · Dec 29, 2021

Become a #RoleModel like these amazing students.

Apply to join The Sixth Form at NSG now.

See our pinned tweet for details.



0:18



The Sixth Form at NSG @NSGSixthForm · Nov 18, 2021

Great to be receiving so many applications for 2022 already; thank you all

#RoleModels #AchievingPersonalBests



https://www.nsg.northants.sch.uk/6th-form

Gmail Sign in | UCAS EduLink One NSG respectment 1... Northampton Scho... The Sixth Form at N... Wix.com Published | Wix.com

SIXTH FORM

An Inclusive Sixth Form for Girls and Boys
Rated 'OUTSTANDING' by Ofsted, November 2021

In This Section

- WELCOME TO THE SIXTH FORM AT NSG
- COURSES OFFERED
- SCHOOL PRESIDENT
- STUDENT LIFE
- ADMISSIONS
- 6 REASONS TO JOIN
- FACILITIES

https://nsg.applicaa.com/year12

Gmail Sign in | UCAS EduLink One NSG respectment 1... Northampton Scho... The Sixth Form at N... Wix.com Published | Wix.com

NEW APPLICATION

Use the button below to start a new application. You don't have to finish your application immediately. You can save it and continue later.

[Start New Application](#)

Registered Users

Username or Email address

Password

[Login](#)

[Forgot your password?](#)
[Trouble logging in?](#)

THE SIXTH FORM
at Northampton School for Girls

**APPLICATION DEADLINE EXTENDED:
 APPLY BY MONDAY 21ST FEBRUARY!**

WHAT HAPPENS NEXT?

- Tutor group visits to the sixth form building: w/c 31/1/22
- Drop-in Q&A by with our Student Leaders: Feb 2022
- Conditional offer letters sent: March 2022
- Sixth Form Induction: w/c 11/7/22
- GCSE results and online enrolment opens: 25/8/22

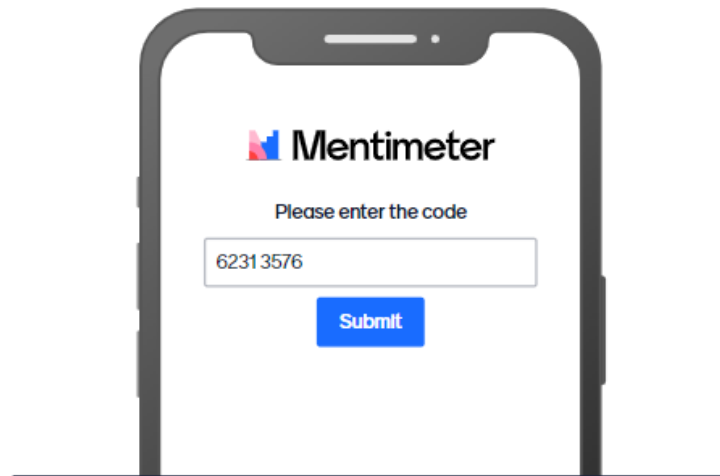
[FIND OUT MORE](#)

#ROLEMODELS

#2: RECOGNISE THE IMPORTANCE OF RECRUITMENT & RETENTION

Go to

www.menti.com



Enter the code

6231 3576



Or use QR code

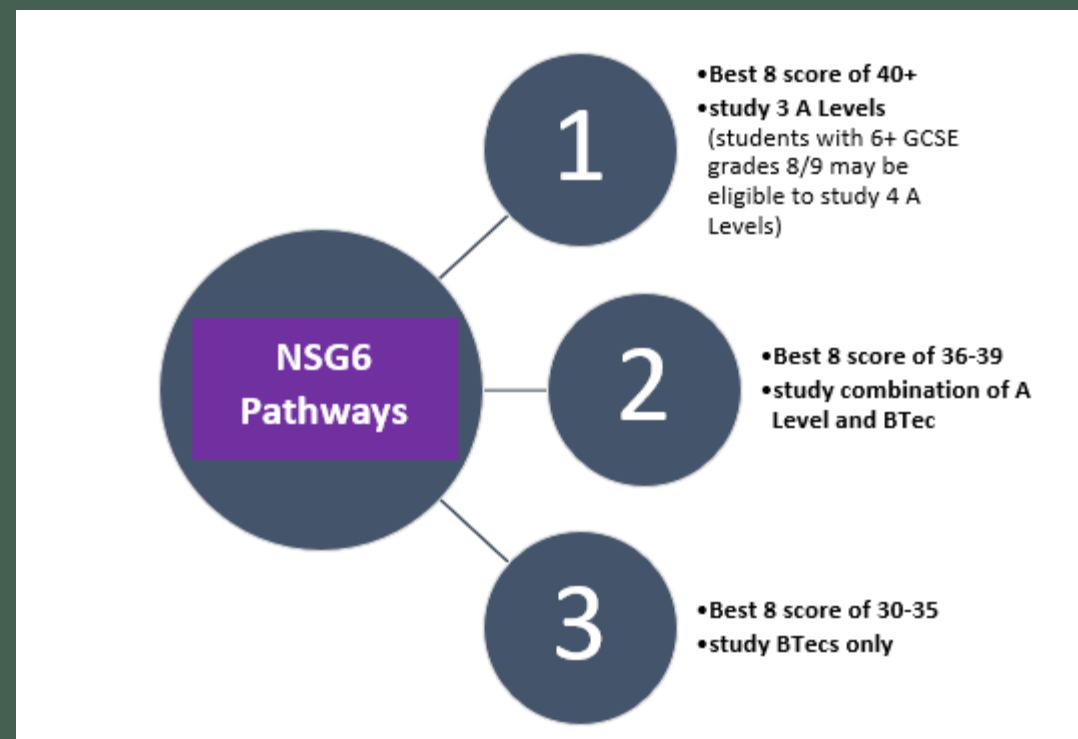
#3: CONSIDER CURRICULUM BALANCE

- Completely academic?
- Mix of academic and vocational?
- Review your admissions policy: does it allow suitable pathways for all?
- Does this work with your staffing/timetable?
- Do you offer a broad range of subjects? What additional subject(s) would enhance your offer? Consider your students' destinations: does your curriculum fit with their aspirations?
- PSHE/RE: do you teach this as a standalone subject or deliver it within tutor time?
- Enrichment: what do you offer and when?



OUR APPROACH

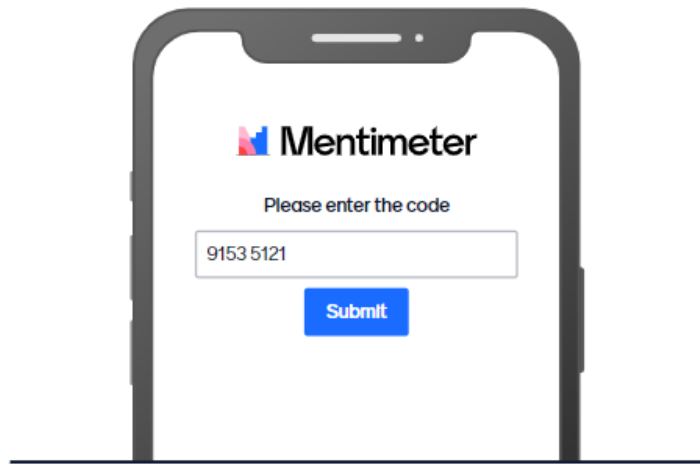
- Created 3 pathways: A Level only, BTEC only and a combination
- Revised entry requirements for all courses
- Introduced Business at both A Level and BTEC (most popular university course)
- PSHE delivered in tutor time + drop down day for key RSE topics
- Enrichment timetable block
- Increase marketing for subjects attracting fewest applicants over 3 years



#3: CONSIDER CURRICULUM BALANCE

Go to

www.menti.com



Enter the code

9153 5121



Or use QR code

#4: MAKE MONITORING EFFICIENT



OUR APPROACH

- Centralised Monitoring & Evaluation calendar for Quality of Education: sixth form focus for each event – learning walks, student voice, folder checks etc
- Sixth Form Student Services follow up absences via Edulink message to both student and parent/carer
- Unifrog used to log enrichment & work experience
- Google Forms:
 - to follow up with Subject Leaders at data drops
 - to get parental feedback following parents' evenings
 - to gather student voice
 - For #RoleModels of the Term staff nominations



Year 12 Subject Data Review: May 2022

This form is for Heads of Faculty and Subject at Post-16 to complete in light of the most recent data set for Year 12 (May 2022), so that we can capture what strategies are being used across school to support our students and address gaps in their progress.

Please use Sisra to inform your answers, comparing May 2022 to February 2022 - best to use 'Grade Analysis' and then breakdown data, as per instructions at the end of the data review PowerPoint. Please bear in mind the government categories for Level 3 Value Added which can be found on slide 4 of the PowerPoint along with the revised performance measures this year (i.e. average grade rather than progress).

Thank you for completing this by Tues 7th June .

Claire

cgreen@nsg.northants.sch.uk [Switch accounts](#)

Your email address will be recorded when you submit this form

*Required

Subject *

Your answer

Which students in your subject are making -0.5 VA or less? (please list) *

Your answer

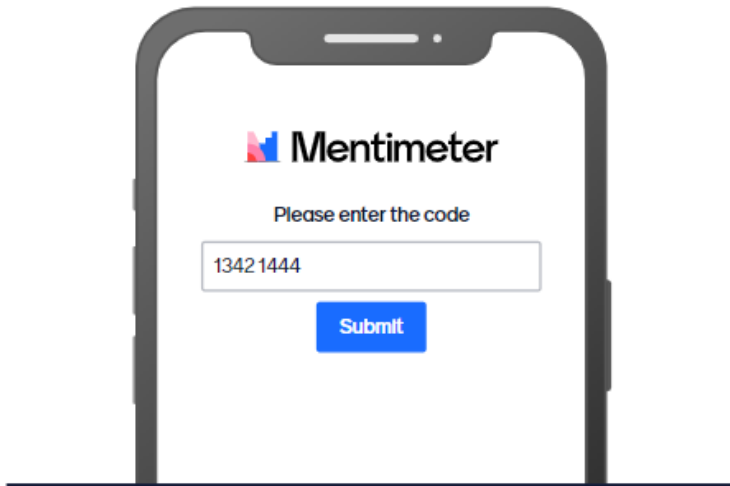
Next Steps

THE
SIXTH
FORM
at Northampton School for Girls

- SLT links to pick up issues raised with Heads of Faculty/P16 Subject Leaders in link meetings:
 - please check your subject VA against slide 4 to see what the categories for VA are nationally at the end of Year 13.
 - please also check your subject's average grade (and individual students' within your subjects) as we are aiming to get to an average grade of a **B overall**.
- Post-16 subject leaders to complete the **Google Form (shared separately)** regarding actions. Please look closely at your subject data in Sisra to respond to this (see the following slides for how to find/filter the data).
 - Deadline: Tuesday 7th June**
- CGN/KLY will be meeting those losing most VA across all subjects and tutors are working one-to-one with students in tutor time too.
- [Year 12 end of year exams](#) begin w/c 14th June (art/design subjects) or 24th June (all other subjects). Data due on SIMS 14th July, 1pm.

#4: MAKE MONITORING EFFICIENT

Go to
www.menti.com



Enter the code
1342 1444



Or use QR code

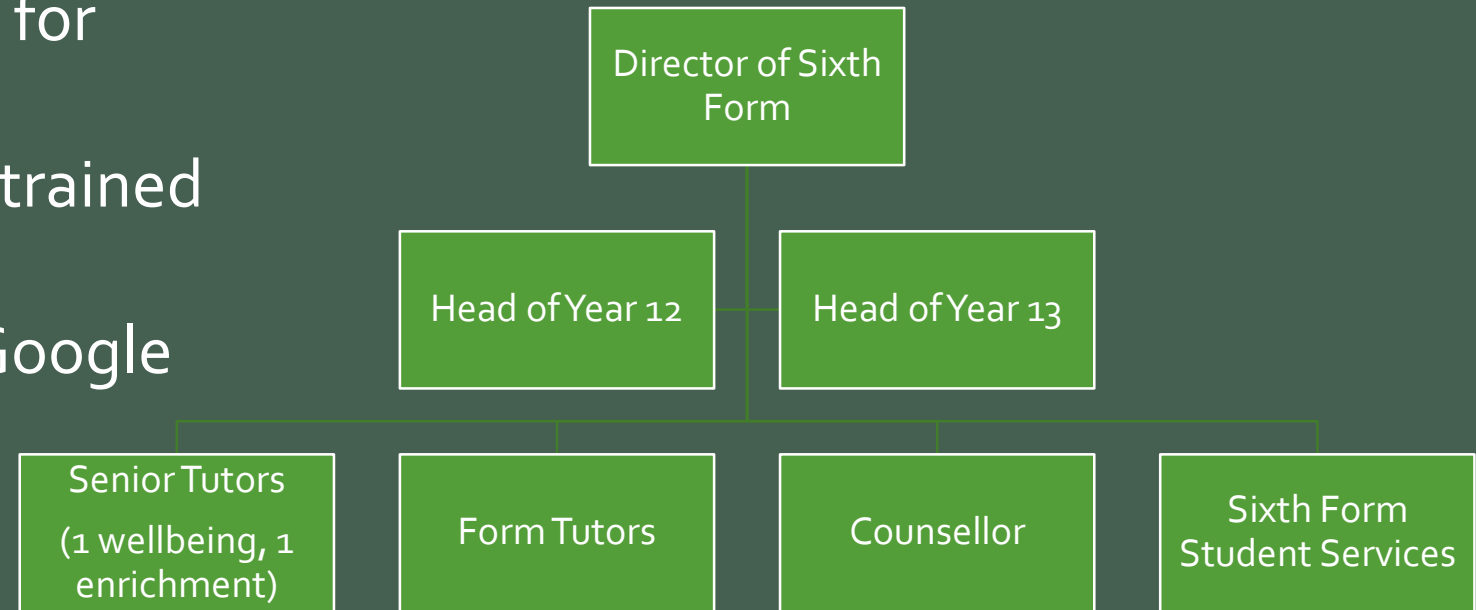
#5: PRIORITISE PASTORAL CARE

- Awareness of the constant state of transition in this phase
- Consider who delivers pastoral care:
 - What is your structure?
 - Are key staff safeguarding-trained?
- Do you buy in external mental health support and/or signpost effectively to it?
- How do you know what students need?
- How do you monitor impact?



OUR APPROACH

- Form tutor first point of contact for support
- Heads of Year are safeguarding-trained
- Senior Tutor i/c Wellbeing:
 - Mental Health & Wellbeing Google Classroom
 - #WellbeingWednesdays
 - Wellbeing Workshops
 - Student Leader i/c wellbeing
- C.A.L.M. Project focussed on exam anxiety
- Student-led projects





Stream Classwork People Marks

Mental Health and Wellbeing

Meet Outdated link Join Visible to students

Announce something to your class

Cara Nicholson 25 May

Wellbeing Wednesday: The pressure to do well in exams - you might want further support, or need someone to talk to? With half-term approaching it is worth remembering that on the classwork section - there is a list of organisations to contact in a variety of ways.

There is ALWAYS help available and someone to listen 24/7! So if you need to talk, you have lots of options.

The Mix offer excellent support including:

- Helpline:** If you're under 25 and need help but don't know where to turn, call for FREE on 0800 808 4994. We'll explore your situation with you and find organisations that may be able to help you further. Our phones are open 7 days a week from 4pm to 11pm. You can also webchat to us 7 days a week from 4pm to 11pm. FREEPHONE 0800 808 4994.
- Email:** We want to help you find the information you need. The more you are able to tell us about your current situation, the more we will be able to help. You can email the helpline at any time and we aim to respond within 24 hours. You will need to email via their online form (see link below)
- Crisis Messenger:** If you feel like you can't cope or are worried about how you are feeling, you can contact our crisis messenger 24 hours a day, 7 days a week by texting THEMIX to 85250. Our text messaging support service is free and for any issue. We provide in-the-moment support and problem solving when you need it most. This service is delivered in partnership with Crisis Text Line and Shout.
- One-to-one chat:** One to one chat allows you to live message our trained helpline supporters about any issue that is troubling you. Our team is trained to help you explore your situation and find organisations which might be able to help.

Stream Classwork People Marks

Stream Classwork People Marks

Transitioning from GCSE to Sixth Form

- Skills Booster Transition to Sixth Form: A fre...
- The 5 keys to transitioning from GCSE to st...

Useful contacts - for further support

- Do you need help right now?
- 10 places to get help
- Local NHS urgent mental health helpline
- Mental Health Hub for students aged 17.5yrs+
- Online counselling and support: Kooth
- Eating disorders helpline (Beat)
- Childline - help for anyone under the age of...
- Cruse Bereavement Care

Stay C.A.L.M. Communicate - Acknowledge - Learn - Motivate

Take a breath

- Breathe in for a count of 3
- Breathe out for a count of 3
- This will help reduce stress in the moment
- Breathe in through your nose and out through your mouth
- Breathe as deep down into your tummy as you can
- Your tummy should move up as you breathe in and move down when you breathe out
- If you find it difficult to breathe for the full 3 and 3, then you can reduce it to a 3-2 count
- Make sure your out breath is longer than your in breath

Stay C.A.L.M. Communicate - Acknowledge - Learn - Motivate

It's okay to feel nervous

- Feeling nervous is a natural and human reaction
- It is part of your body's way of helping you do your best
- The "stress hormones" (like adrenaline) that your body produces at times like these can actually help you focus
- Build up some positive energy rather than thinking the worst
- "I've got this"
- "I'm ready to do this - I've got this!"

Stay C.A.L.M. Communicate - Acknowledge - Learn - Motivate

Focus only on your work

- Notice other people are scribbling away? It honestly doesn't mean anything
- Simply start, approaching one question at a time
- Struggling to remember techniques? Keep it simple. Read the question, underline the command verbs and then focus on the content
- Ask: What is the question asking me to do?
- Simply start; put pen to paper. You can do it!

Stay C.A.L.M. Communicate - Acknowledge - Learn - Motivate

Remember:

- You are going to be ok
- Focus only on your work; it doesn't matter what others are doing
- Don't have time, break it down
- Take a breath, regulate
- Positive self-talk, be kind to yourself
- Go to your essential "safe place". This is just a room

Stay C.A.L.M. Communicate - Acknowledge - Learn - Motivate

This is just a room

- Go to your safe place. This is just a room
- Spouse - stress - smells - lights - colours
- This is just a room
- Close your eyes and think about a place you feel happy, calm, and content
- Keep your eyes closed for a short time and focus on that place - the sights, sounds & smells
- Notice how you feel and start to relax
- Open your eyes and focus only on your paper
- This is just a room; calm - you are safe here

Stay C.A.L.M. Communicate - Acknowledge - Learn - Motivate

Be kind to yourself

Stress can lead us to a place where we are filled with self-doubt. Statements like "I can't do this" come from a place of fear. These thoughts are understandable as that is simply you trying to protect yourself (S.T.U.)

- They are not productive and they are not true
- You can - you will - you are here
- You deserve to do as well as you possibly can
- Try your hardest for yourself; no one else, because you absolutely deserve this moment when you realise you can handle this.

Stay C.A.L.M. Communicate - Acknowledge - Learn - Motivate

You have time, break it down

When we are stressed, it feels like time is slipping. The adrenaline in our bodies commands us that everything is happening quickly and that we have to act fast to get it done.

- Time is time; it is passing so it almost does - but remember - you have time
- Breathe, read the question, pause, read it again. Set yourself a time limit but give yourself a 10 second break to think
- Move on to the next one and do it again
- You have time - it has only taken you a few seconds to read this poster!

Stay C.A.L.M. Communicate - Acknowledge - Learn - Motivate

You are going to be ok

- Your exam result does not define who you are
- You can get through this, focus and try your best
- Let go of what you have or haven't done up to this point!
- Here you are, you are safe and you can use this time to take control
- You are going to be ok

Stay C.A.L.M. Communicate - Acknowledge - Learn - Motivate

YOU DIDN'T COME THE FAR TO ONLY COME THIS FAR

THE SIXTH FORM

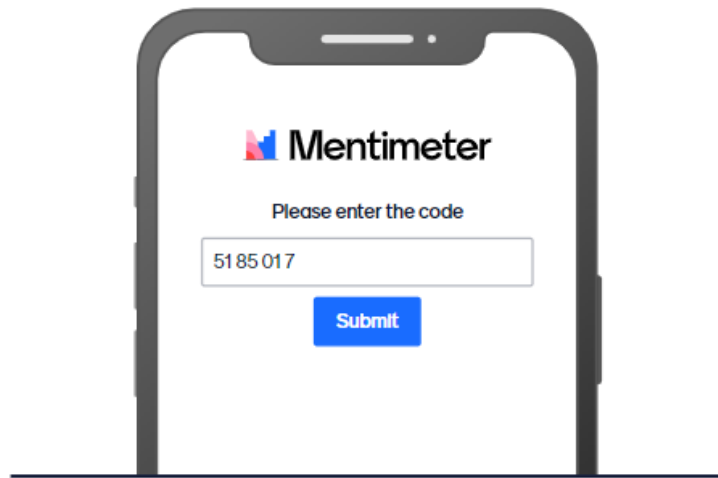
at Northampton School for Girls

#RoleModels

#5: PRIORITISE PASTORAL CARE

Go to

www.menti.com



Enter the code

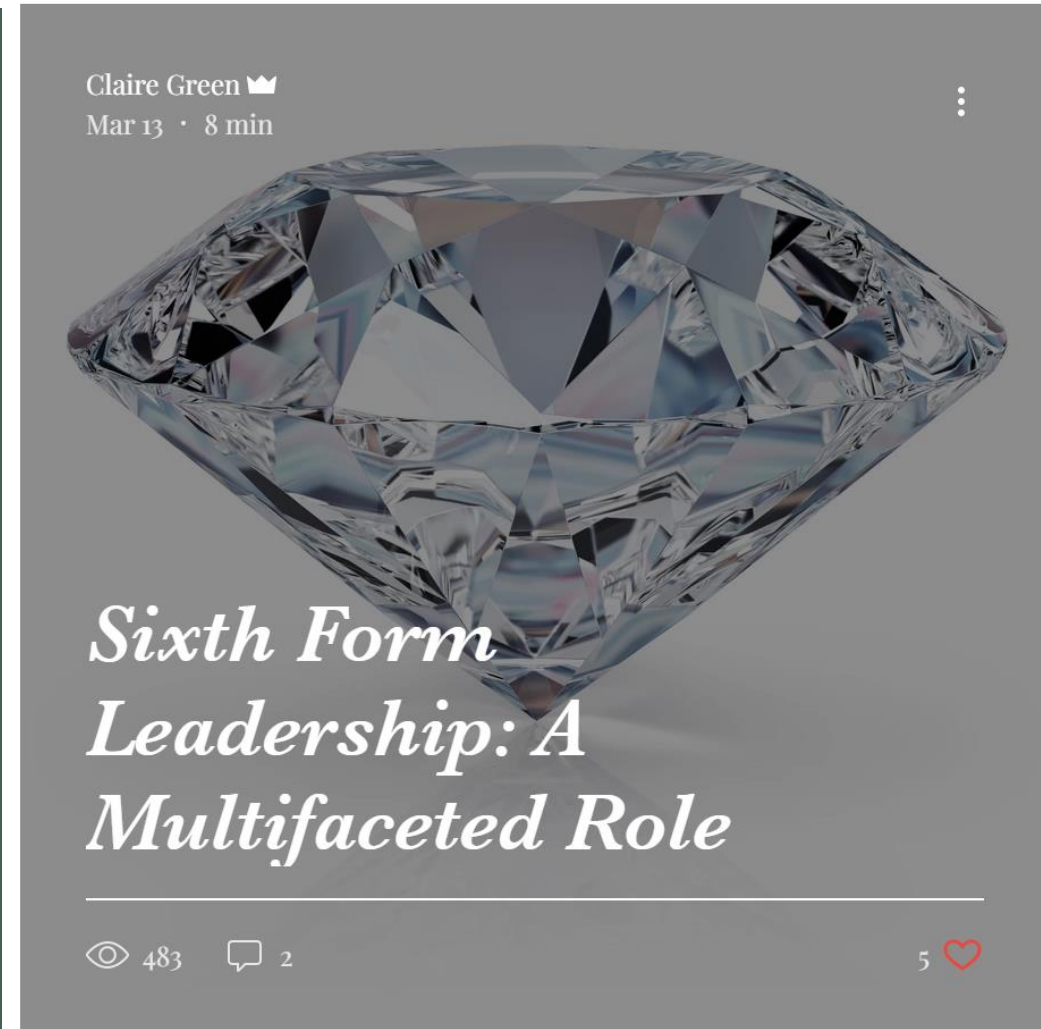
51 85 01 7



Or use QR code

SIXTH FORM LEADERSHIP: A MULTIFACETED ROLE

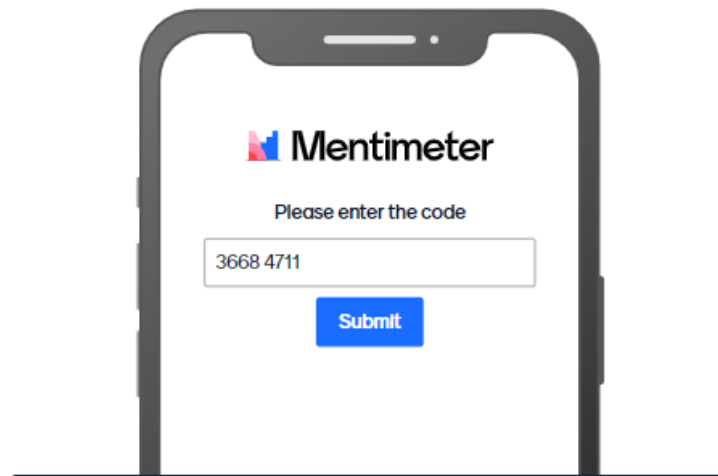
It really is a gem of a role



SIXTH FORM LEADERSHIP: YOUR IDEAS

Go to

www.menti.com



Enter the code

3668 4711



Or use QR code

Thank you for listening



[@CJGreenTeach](https://twitter.com/CJGreenTeach)



thesixthformslant.com